

Notes from Comenius Meetings in Spain – November 2012

'THE SOURCE OF OUR HEALTH'

Monday 12th November:

1. Discussions:

- Greek blog : <http://8zografou.wordpress.com>
- Choose logo – 2 logos were put forward from each country – Winner was no 5 from Greece
ACTION-Greece to distribute the logo to each country which will be used on all collaborative work
- Agreed that some items are compulsory but others are optional

2. Difficulties:

- Communication – clearer explanations needed
- From now on all work is to be exchanged by email/electronically-not post as too expensive

3. Suggestions:

- Important to add environmental factors to project – consider effect of weather on the food we grow and eat
- Encourage the children to buy local products and support local economy
- Encourage children to think about food waste
- Train our children to make choices
- Important to teach children about cooking and eating together
- We could all spend more time cooking together

4. Final Products: A cooking book for children and a board game to play based on healthy foods

- “An International Children’s Cooking Book” – with traditional recipes. 4 recipes from each country with photos to include all steps (or drawings). **All electronic for June/July.**
- Same format of recipe for each country

5. Discussion followed on the exchange of information between children – a lot of difficulties

- Agreed letters will be written to children in each country. Each child writes one letter providing a total of 25 different letters from each school.

ACTION: 5 letters will be sent to each school. Letters to be scanned and sent electronically. Letters to be sent before Christmas – by end of November.

6.Christmas cards

- Each country to send cards representing the traditions of each country (Christmas / New Year) to everybody. **All cards must be sent before the end of term ie all cards must be sent by 17th December to arrive in time**

6. Mobilities: European Day is 24th May

7. Future Meetings:

Greece: 11th – 15th March 2013 (Monday-Friday)

- Meetings will be planned for 5 days but all schools can choose when to stay
- Greece will send details to everyone about the journey

Poland: 21st – 25th May 2013 (Tuesday-Saturday)

- Friday 24th May – everyone to attend
- Wroklaw Airport is 2 hours
- Prague Airport is 2½ hours
- Polish teachers can collect from Prague or Wroklaw airports
- **Everybody to say when they are going, to check their flights, and to inform co-ordinator**

UK: 24th – 27th September 2013 (approximately)

Turkey-March 2014

Croatia-May/June 2014

Wednesday 14th November:

1. The Greek school scanned the logo and it was agreed to use it on all documents. The Greek school will email the logo to each school.
2. Discussion took place about the Mascot. **Inda will make the Mascot and bring it to Greece.**
ACTION It will be dressed in Athens in a T-shirt with the logo. Mascot will stay in Athens until May when it will be taken to Poland.
3. **Spain will make the leaflet and send it to all countries electronically. It was suggested we send it to all parents, local authorities and local newspapers. All schools to send something to their local newspaper. ACTION**
4. Greece raised the idea of a Questionnaire.
 - Discussion followed – agreed the questions need to be closed questions and put to parents and children.
 - Agreed to give questionnaire to 30 children, aged 10/11, and 30 adults.
 - **Agreed to use Spain's questionnaire about health – it will be translated by Spain.**
 - **All schools to do the questionnaire before the Christmas Holidays. ACTION**
 - The results should be sent to Spain and will be brought to the meeting in Greece.

5.

The food we eat

- Agreed to exchange photos/drawings about food we eat in each country.
 - Include weekdays/ weekends. Breakfast/lunch/dinner.
 - 6 photos in total. Captions and labels in 2 languages
 - **Powerpoint of 6 slides to include 2 slides about breakfast(one a weekday, one a weekend)2 slides about lunch(weekday/weekend) 2 about dinner(weekday/weekend)**
 - Ages 8/9/10 to share the work
 - Photos should preferably show mealtimes with the family rather than food in isolation
5. **Agreed the following:**
- **UK to remind about Food Powerpoint by start of December**
 - **Greece to remind about Christmas/New Year Cards**
 - **Spain to translate questionnaire and send out**
6. Next:
- Greece: 11th – 15th March 2013 -3 hotels near to the area – Evie to send details of hotels and will look into group bookings
 - Poland: B+B / Hotel Jelorek – Magda to send link via email
7. The results of the questionnaire were shown, with results from each country. A presentation was made by Pablo about the Spanish school system

It was agreed that each school would do a presentation in their own country.

Hello:

I hope that everything is OK. Now I remember the Plan for the month of January (see page 30 and 45 of our form):

1 – MAKE THE GRAPHICAL REPRESENTATIONS of the questionnaire results about healthy nutrition applied in December. Evaluation of the results in each school and drawing down the conclusions.

Outcomes: graphics and conclusions.

IMPORTANT:

1 - I will send you a graph model that everyone can use it.

2 - On Wednesday I will send the process so that all evaluate the results of the survey in the same way.

3 - Each school will send to all schools the graphic and the evaluation-conclusion.

4 - The school coordinator, CEIP Fátima, will make the end product- outcome - and

sent it to all schools by email.

5 - The result of each school and the outcome will be exposed on the web and in Comenius Corner.

2 – MY REGION AND MY NATION/COUNTRY.

The children will look for and search information about important and typical places of interest of their province, region and country using internet, books, newspapers, magazines or others.

Results: mural on Comenius Corner.

A PROPOSAL:

In addition to the murals we also can make a powerpoint with 8/10 slides to send to each school and put it on our website. Do you agree with the proposal?

I believe that this activity is related with the first questionnaire on the level of knowledge of students and parents on countries associated with this project. If we do it the pupils and parents will know more about all the associated countries.

IMPORTANT:

- 1 - work - mural - students from 9 to 10 years old can do it.
- 2 - The powerpoint can do 11 aged students guided by their teachers.
- 3 - Each class can make murals in groups of every five/six students. Choosing the best of each class and exposing it in Comenius Corner. We will exchange one or two murals of each school at the meeting in Greece.
4. The powerpoint will be sent by e-mail to each school . Poland, if you agree, can make end product - outcome - a DVD with the result of all schools. You can send all by post mail or exchange it at the meeting in Greece.

ANOTHER ISSUE

Inda has problems with the older pupils to exchange letters. INDA and I think 6/7 years old students can participate by exchanging some information with the other schools: information about your name, friends, drawings of class, etc. This activity has the same process as the exchange of letters among older children. This month we can send some works of children of this age, by mail or by e-mail. Exhibit work in classes and Comenius Corner.

If we do it all can participate and it is not a great effort because this activity can do it the teachers and pupils of other ages (until now almost all work pupils aged 8-11 are making them.)

Do you agree with the idea?

Please, reply to this e-mail quickly.

Vicente